THE THREE MASTERS OF EASTERN PHILOSOPHY

SOUR!
BITTER!
SWEET!
THE SCHOOL OF LIFE

Confucius Buddha Lao Tzu

CONFUCIUS

HOLD FAITHFULNESS AND SINCERITY AS FIRST PRINCIPLES

CONFUCIUS (551–479 BCE)

The Five Constant Relationships

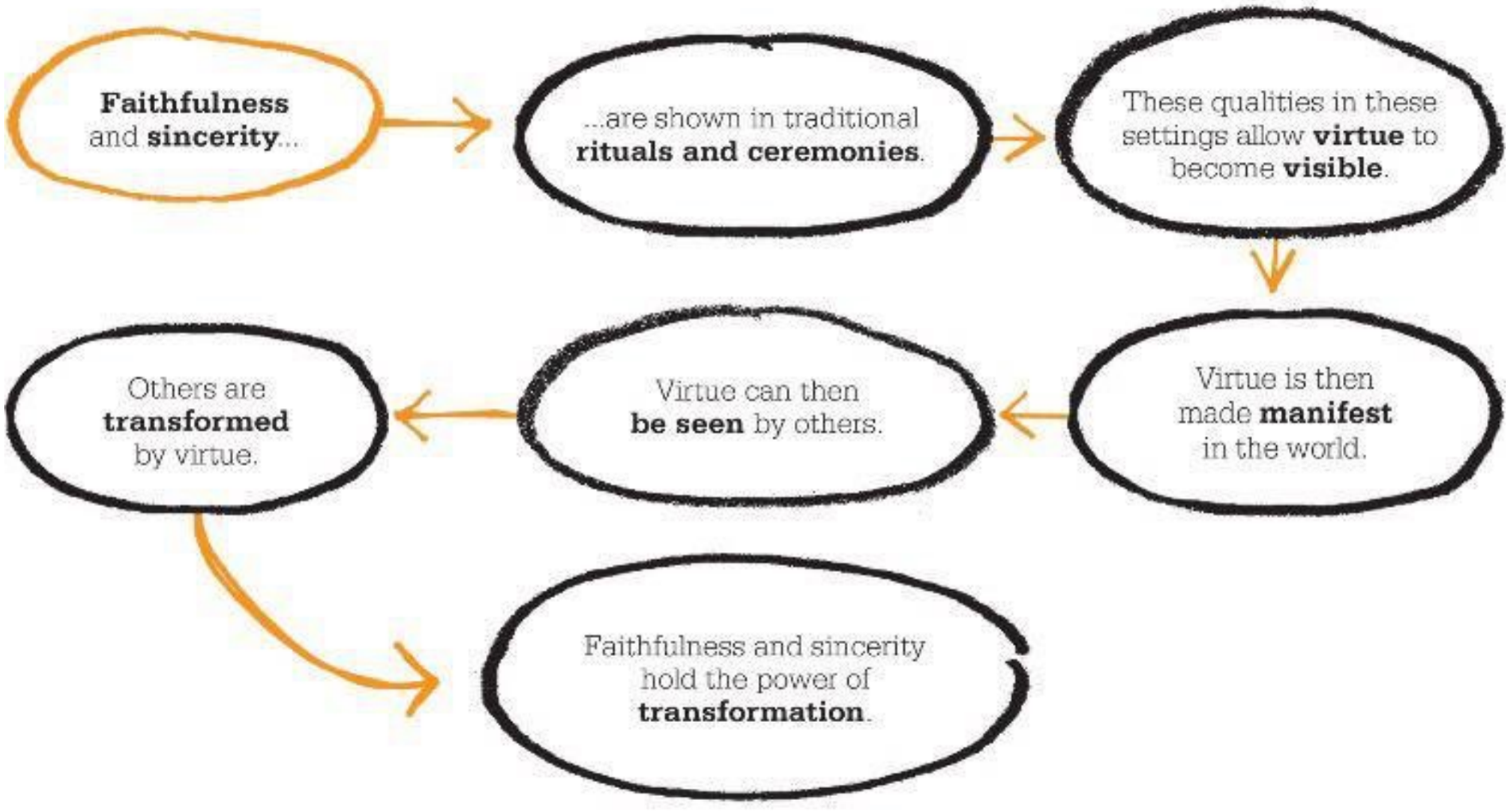
Sovereign—Subject
Rulers should be benevolent, and subjects loyal.

Father—Son
A parent is to be loving, a child obedient.

Husband—Wife
Husbands are to be good and fair, and wives understanding.

Elder Brother—Younger Brother
An elder sibling is to be gentle, and younger siblings respectful.

Friend—Friend
Older friends are to be considerate, younger friends reverential.


Faithfulness and **sincerity**...
...are shown in traditional **rituals and ceremonies**.
These qualities in these settings allow **virtue** to become **visible**.
Virtue is then made **manifest** in the world.
Virtue can then **be seen** by others.
Others are **transformed** by virtue.
Faithfulness and sincerity hold the power of **transformation**.

孔子
CONFUCIUS
导演 胡玫 领衔主演 周润发 周迅 陈建斌
编剧 陈汗 江奇涛 何燕江 胡玫 摄影指导 鲍德熹 造型设计 奚仲文 美术指导 林潮翔 毛怀清 音乐 赵季平 声音指导 吴凌 剪辑 战海红
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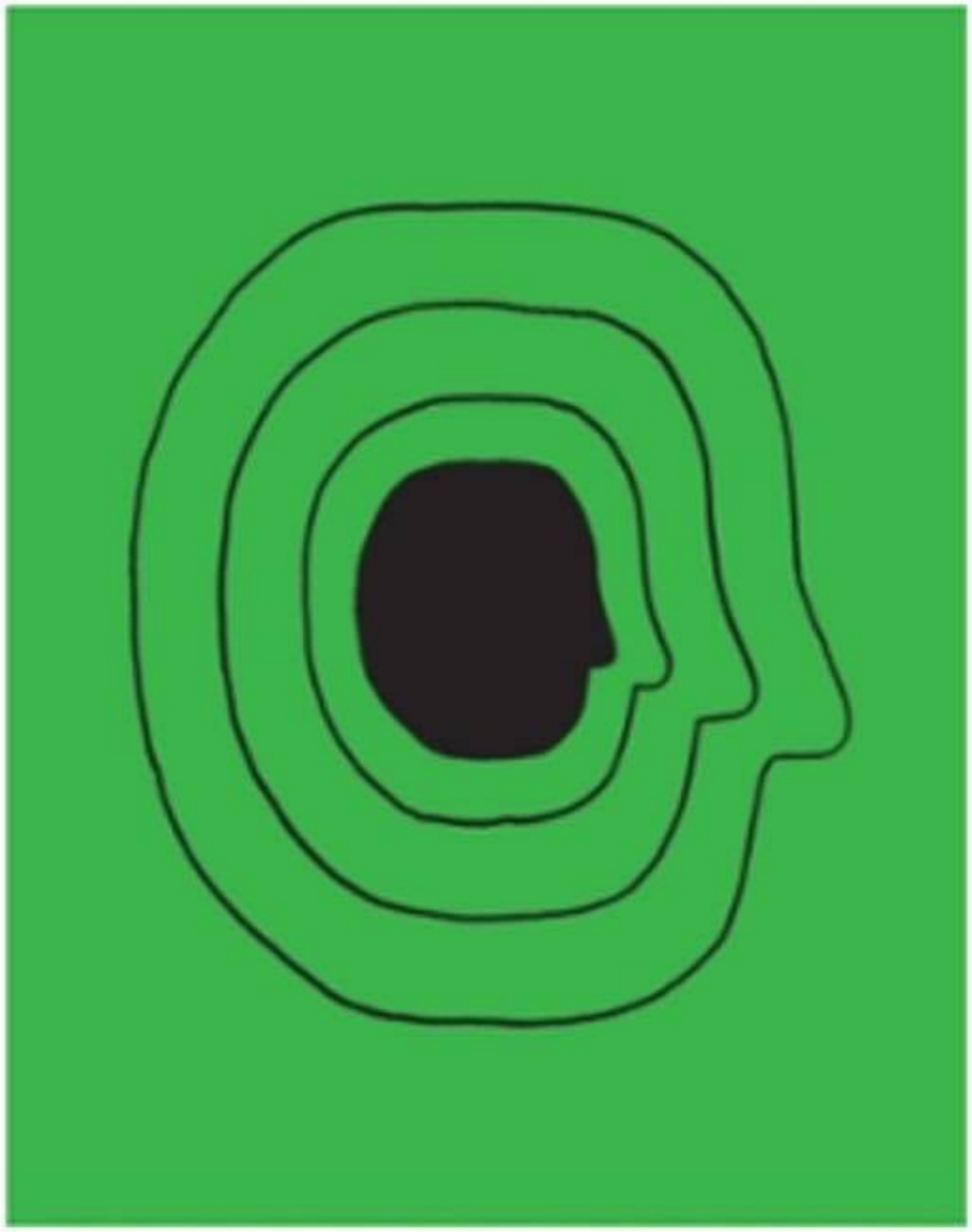
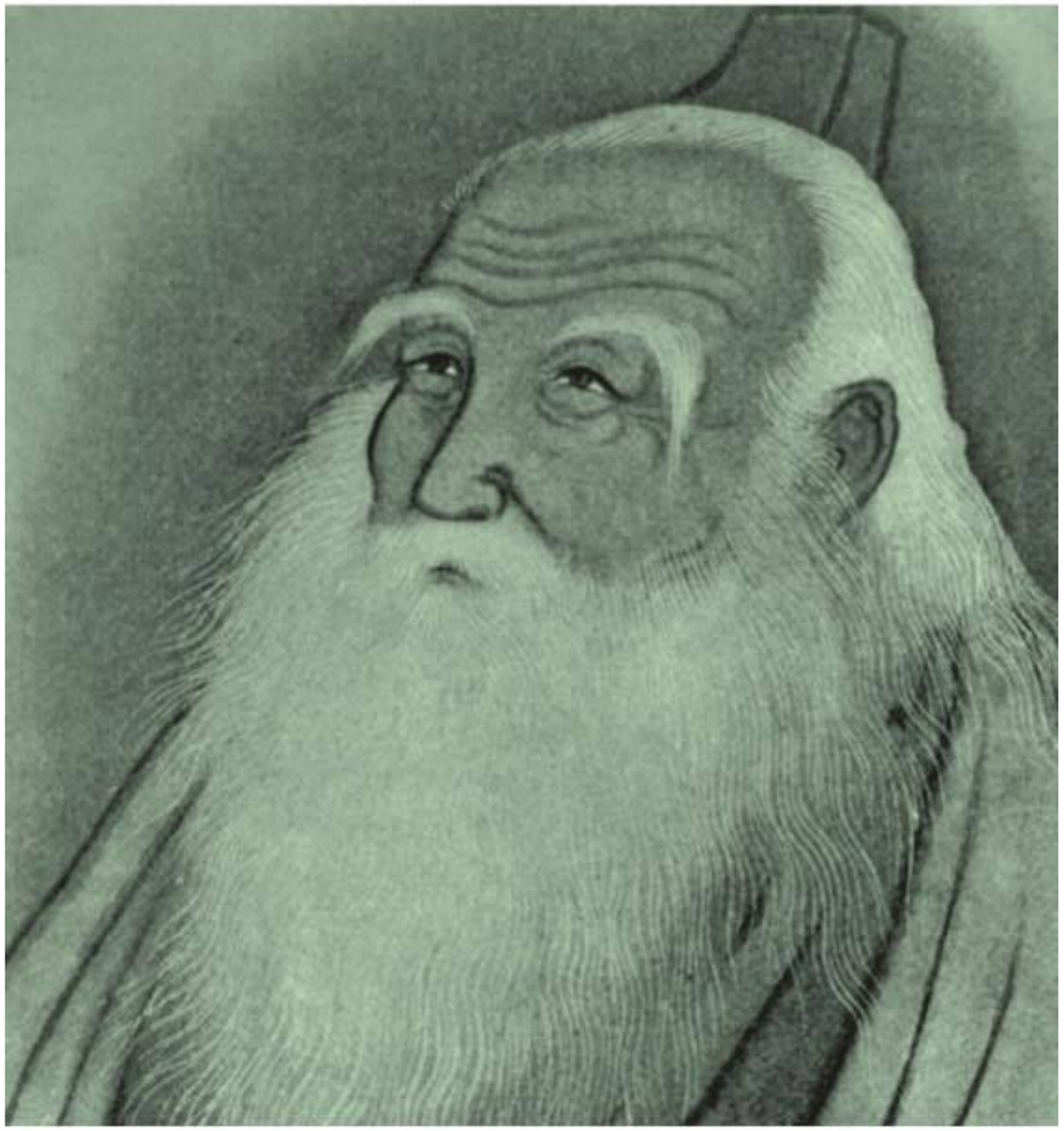
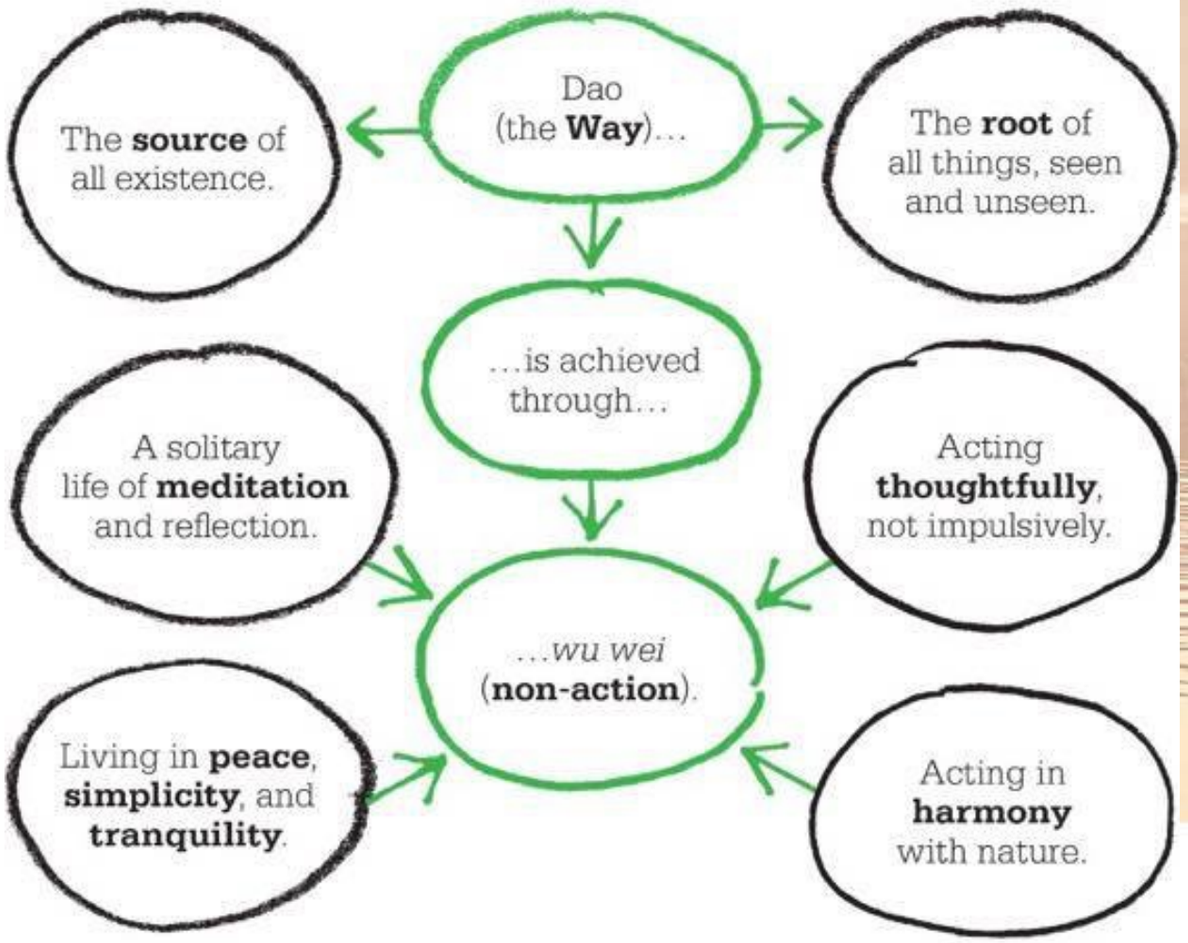
LAO TZU

THE DAO THAT CAN BE TOLD IS NOT THE ETERNAL DAO

LAOZI (c.6TH CENTURY BCE)







Living in harmony with nature is one path the *Daode jing* prescribes for a well-balanced life. For this man that could mean respecting the ecological balance of the lake and not over-fishing.

THE BUDDHA

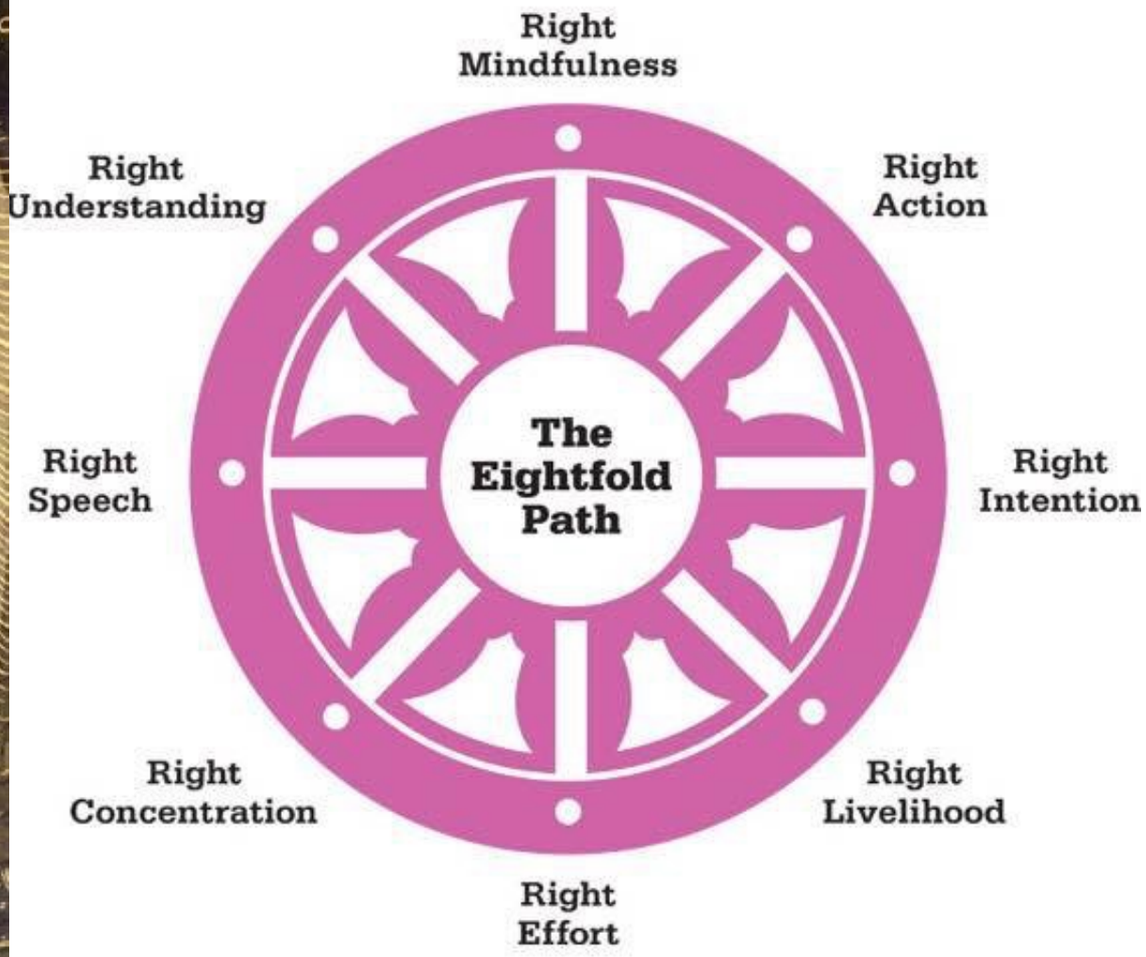
HAPPY IS HE WHO HAS OVERCOME HIS EGO

SIDDHARTHA GAUTAMA (c.563–483 BCE)

The Four Noble Truths

Suffering is an **inherent part of existence** from birth, through sickness and old age, to death.	The truth of suffering **(Dukkha)**
The cause of suffering is **desire**: craving for sensual pleasures and attachment to worldly possessions and power.	The truth of the origin of suffering **(Samudaya)**
Suffering can be ended by **detaching oneself** from craving and attachment.	The truth of the ending of suffering **(Nirodha)**
The **Eightfold Path** is the means to eliminate desire and overcome the ego.	The truth of the path to the ending of suffering **(Magga)**

The Buddha cut off his hair as part of his renunciation of the material world. According to Buddhist teaching, the temptations of the world are the source of all suffering, and must be resisted.



The dharma wheel, one of the oldest Buddhist symbols, represents the Eightfold Path to Nirvana. In Buddhism, the word “dharma” refers to the teachings of the Buddha.